

LEVEL RED, LESSON 3: THE 7 'I AMS' OF JESUS

The Gospel of JOHN can be a great help to you, if you read it carefully with the help of an adult. Each time you read, pray to God asking Him to help you understand the passage.

IN THIS LESSON WE WILL READ ABOUT SEVEN (7) DIFFERENT NAMES THAT JESUS CALLED HIMSELF.

1. Jesus said, "I am the bread of life". Read John chapter 6 verse 35.

Do you remember in our last lesson that Jesus performed the miracle of multiplying the little boy's five loaves and two fish to make enough food for about 5,000 people? He knew that the people wanted their tummies filled because they were hungry. Read chapter 6 verse 33, then fill in the missing words:

For the _____ of _____ is the _____ that comes down from _____ and gives _____ to the _____.

When Jesus said "bread", He meant Himself. When we put our trust in Him and pray and read the Bible, He will be the bread of life for us.

2. Jesus said, "I am the light of the world". Read John chapter 8 verse 12.

Jesus said this just before He performed the miracle of making the blind man able to see. He meant that He is the light that will show us how to live right. He also meant that He will show up sin (wrong things) in the world.



an oil lamp

Look at the "I am" saying above, then copy it on the line below starting with "Jesus said":

3. Jesus said, "I am the gate; whoever enters through me will be saved". Read John chapter 10 verse 9.

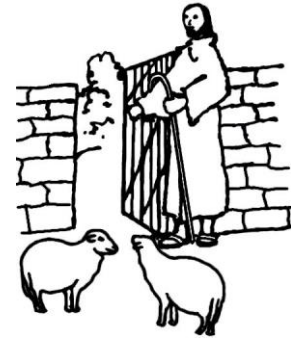
When Jesus said this He meant that He is the way to God.

Look at the "I am" saying above then copy it on the lines below, starting with "Jesus said".

4. Jesus said, "I am the good shepherd. The good shepherd lays down His life for the sheep". Read John chapter 10 verse 11.

When Jesus said this He meant that He loves and cares for us just like a shepherd cares for his sheep. A shepherd protected his sheep and was willing to die to save them if they were in danger. Jesus was willing to lay down His life for us by dying for us so that we can be forgiven.

Look at the "I am" saying above, then copy it on the lines below starting with "Jesus said".



You can use your fingers to help you remember five words of the verse. Point to one of your thumbs for "I" then your next finger for "am" and so on until you come to your little finger which will be "shepherd."

5. Jesus said, "I am the resurrection and the life". Read John chapter 11 verse 25.

Jesus said this just before He raised Lazarus and also before He Himself died and came gives everlasting life to those who believe. Look at the "I am" saying above, then copy it starting with "Jesus said".

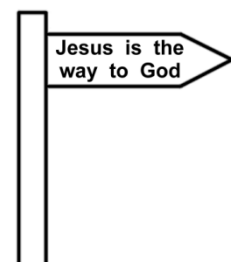


from the dead
alive again. He
on the line below,

6. Jesus said, "I am the way and the truth and the life. No one comes to the Father except through me". Read John chapter 14 verse 6.

When Jesus said this He meant that He was the way to God – the only way. He meant that He was completely true and that knowing Him gives us eternal life.

Look at the "I am" saying above, then copy it on the lines below, starting with "Jesus said".



7. Jesus said, "I am the vine; you are the branches." Read John chapter 15 verse 5.

When Jesus said this He meant that our lives come from Him and that we need to trust Him and depend on Him. He will give us the strength we need.

Look at the "I am" saying above, then copy it on the lines below starting with "Jesus said".



Matching game using the "I am" sayings of Jesus.

Ask an adult to help you measure 14 rectangles, each 10cm x 5cm, on cardboard (or paper) and cut them out. Write the same "I am" saying on each of two of the cards to make a pair. Continue writing each of the remaining "I am" sayings on two cards so that you have a pair of each of the seven sayings. Turn all the cards over so that the blank side is facing upwards.

Turn one card over and read the "I am" saying. Turn it over again so that the blank side is facing upwards. Turn another card over and read what it says. If it matches the first card you have a pair to set aside. Keep turning the cards over and try to remember where they are so that you can collect pairs. You can play this game by yourself or with a friend.

PRAYER

Dear Lord Jesus, Thank you for telling us so much about yourself in the Bible, your Word. Help us to read it each day so that we can know more about you.

AMEN